

Special Events/Outings/Services

April 2018

Sunday, April 1st



Monday, April 2nd

Cheerful Chimers

1:00 P.M. (PLR)

Opening Day Tailgate Lunch

Join staff and neighbors for a baseball game style lunch on Tudor Oaks!

11:00 A.M. - 1:00 P.M. (OWT)

Mah Jongg

1:00 P.M. (PDR)

Women's Chorus

2:15 P.M. (OWT)

Tuesday, April 3rd

Spring Election

7:00 A.M. - 8:00 P.M. (OWT)

Wednesday, April 4th

Storytellers' Studio

10:00 A.M. (PDR)

Great Course Lecture/TBD

6:30 P.M. - 7:30 P.M. (OWT)

Thursday, April 5th

Resident Council

1:30 P.M. (OWT)

Tudor Oaks Players

2:30 P.M. (OWT)

Friday, April 6th

Bridge

1:00 P.M. - 3:00 P.M. (PDR)

Friday Night at the Movies

Movie title and details will be posted on bulletin boards.

6:30 P.M. (OWT)

Monday, April 9th

Mah Jongg

1:00 P.M. (PDR)

David Weidenkeller presents:

Baseball Talk

Even if you are not a baseball fan, almost everyone has visited a baseball stadium in their lifetime. Come and hear stories of the men and women who helped make this sport what it has become today.

6:30 P.M. (OWT)

Tuesday, April 10th

Waukesha Elder Benefits Specialist

Dawn Hendrix will be here for her monthly visit to answer your questions. She will be able to meet with you one on one to answer questions such as: health care financing, Medicare, prescription drug coverage - part D, SeniorCare, supplemental insurance, income maintenance, consumer/finance, and elder rights.

10:00 A.M. - 11:30 A.M. (PDR)

Sign up in the white binder in the WTL no later than Monday, April 9th.

Tudor Oaks Players

1:00 P.M. (OWT)

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Tuesday, April 10th

Resident Services Meeting

Dawn Hendrix from the Aging and Disability Resource Center (ADRC) for Waukesha County will explain health insurance options. She will share information that will be helpful in making your health insurance decisions later this year. This early presentation will give you time to think through the plans and make the best decision for your situation.
3:00 P.M. (OWT)

Food Committee Meeting with Dawn

3:00 P.M. (WH)

Dementia Support Group

The Dementia Support Group is open to residents, families, and friends who are caring for a loved one with dementia. Contact Chaplain Michelle or Judy Radish if you have questions.
6:30 P.M. (PDR)

Wednesday, April 11th

Storytellers' Studio

10:00 A.M. (PDR)

Book Club

1:45 P.M. (PLR)

Food Committee Meeting with Dawn

2:00 P.M. (WM)

Thursday, April 12th

Wooden Spool Quilters and Chatters

9:30 A.M. - 12:00 P.M. (PLR)

Dr. Janice Jurack on Inflammation

See Carmelia's Corner for more information.

1:00 P.M. - 2:00 P.M. (OWT)

Tudor Oaks Players

2:30 P.M. (OWT)

Friday, April 13th

Bridge

1:00 P.M. - 3:00 P.M. (PDR)

Volunteer Appreciation Reception

This special event is to celebrate all those who have volunteered at Tudor Oaks during the past year. Sweet refreshments will be served.

1:30 P.M. - 2:30 P.M. (OWT)

Volunteers - please RSVP by April 6th!

Friday Night at the Movies

Movie title and details will be posted on bulletin boards.

6:30 P.M. (OWT)

Saturday, April 14th

Milwaukee Rep Theater

The play, "Our Town" for those with pre-purchased tickets.

2:30 P.M. (Front Entrance)

Sunday, April 15th

Bob Ropiak: musician/storyteller

1:15 P.M. (HC)

2:15 P.M. (WG)



Special Events/Outings/Services

April 2018

Monday, April 16th

Cheerful Chimers

1:00 P.M. (PLR)

Mah Jongg

1:00 P.M. (PDR)

Women's Chorus

2:15 P.M. (OWT)

Broadway Baby

Singer and pianist will wow you with show tunes.

6:30 P.M. (OWT)

Tuesday, April 17th

Health Center Resident Council

10:15 A.M. (FHC)

Tudor Oaks Players

1:00 P.M. (OWT)

Valerie Trower

1:30 P.M. (FHC)

Wednesday, April 18th

Storytellers' Studio

10:00 A.M. (PDR)

Great Course Lecture/TBA

6:30 P.M. - 7:30 P.M. (OWT)

Thursday, April 19th

Food Committee Meeting with Dawn

All are welcome to attend.

1:00 P.M. (PDR)

Tudor Oaks Players Performance

The Tudor Oaks Players are hitting the road in "The Times of our Lives." A group of senior citizens travels to a TV studio to audition for a TV show highlighting the stories seniors have to tell. This mix of comedy and drama was written by members of the Tudor Oaks Players.

7:00 P.M. (OWT)

Friday, April 20th

Bridge

1:00 P.M. - 3:00 P.M. (PDR)

Tudor Oaks Players Performance

This afternoon performance will be for the assisted living residents and the residents of the Health Center.

2:00 P.M. (OWT)

Friday Night at the Movies

Movie title and details will be posted on bulletin boards.

6:30 P.M. (OWT)

Saturday, April 21st

Resident Evening Social

Join your neighbors for a night to gather and chat. Bring your own beverage.

6:30 P.M. (OWT)



Special Events/Outings/Services

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Sunday, April 22nd

MSO Classic Matinee

For those with pre-purchased tickets.
1:15 P.M. (Front Entrance)

Artist Reception

Please stop by to say hello and grab a refreshment. The artists from the Waukesha County AC Art Association would love to talk!

1:30 P.M. - 3:00 P.M. (PDR)

Monday, April 23rd

Mah Jongg

1:00 P.M. (PDR)

Tuesday, April 24th

Tudor Oaks Players

1:00 P.M. (OWT)

Wednesday, April 25th

Storytellers' Studio

10:00 A.M. (PDR)

Annual Memorial Service

Please join us for our annual memorial service. We will honor residents who have passed from April 2017 until now. If you have questions, please contact Chaplain Michelle at 525-6405.

2:00 P.M. (OWT)

Tabula Nova Ensemble: April Birthday Celebration

Former lifestyle staffer, Ali Frana, is part of this classically trained trio.

6:30 P.M. (OWT)

Thursday, April 26th

Wooden Spool Quilters and Chatters

9:30 A.M. - 12:00 P.M. (PLR)

Mindfulness & Meditation

1:00 P.M. - 1:45 P.M. (OWT)

Dogwood Wing Meeting with Diane

1:45 P.M. (PDR)

Tudor Oaks Players

2:30 P.M. (OWT)

Friday, April 27th

MSO Coffee Prelude

For those with pre-purchased tickets.
9:30 A.M. (Front Entrance)

Bridge

1:00 P.M. - 3:00 P.M. (PDR)

Friday Night at the Movies

Movie title and details will be posted on bulletin boards.

6:30 P.M. (OWT)

Monday, April 30th

Cheerful Chimers

1:00 P.M. (PLR)

Mah Jongg

1:00 P.M. (PDR)

Women's Chorus

2:15 P.M. (OWT)

Special Events/Outings/Services

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Tudor Oaks Tidbits:

Patti Cures:

Schedule your manicure or pedicure appointment with Patti Schmidt:
414-858-9209

Relaxing Massage:

Schedule your appointment with Sherry Radish: 414-525-9578

Beauty and Barber Shop:

414-525-6403



Reminder: Deadline for submitting updates/events to Michele Vogt for the upcoming month's Acorn Newsletter and/or TV listings is the **15th of the prior month.**

Carmelia's Corner:

Health and Wellness News

Quenching Inflammation Naturally to Regain your Health

Inflammation goes beyond pain and arthritis. It has been linked to heart problems, cancer, asthma, headaches, digestive troubles, diabetes, and other chronic diseases. Unfortunately, most people don't even know they have it, let alone how to correct it. Dr. Janice Jurack, author of *The Three Pillars of Health*, will help you discover if inflammation is the missing link to your overall health picture. Leave with an action plan to correct the problem naturally and prevent it from returning. Participants will also have the opportunity to meet with Dr. Jurack one on one.

April 12th from 1:00 - 2:00 P.M. (OWT)

Mindfulness and Meditation

There are two workshops left! If you have not attended the prior workshops, please still feel free to join us!

April 26th 1:00 - 1:45 P.M. (OWT)

May 24th 1:00 - 1:45 P.M. (OWT)

There will be no group fitness Monday, April 2nd



Special Events/Updates

April 2018

Save the date:

Tuesday, May 1, 10:00 A.M. - Steve Wallace, author of “Obroni and the Chocolate Factory,” will share his path of writing a book and getting it published.

Saturday, May 5, 3:00 P.M. - 6:30 P.M. - “Run for the Roses.” Derby Day - view the actual race, watch the Tudor Oaks Pony Races, wager \$1 on winners. Bonnet and Bow Tie Contest. Watch for handbill with more details. (OWT)

Monday, May 14, 2:00 P.M. - Women’s Tea.

Wednesday, May 9, 7:00 P.M. - Concord Chamber Orchestra group performs.

Thursday, May 10, 2:00 P.M. - Women of Note (OWT)

Tuesday, May 22, 10:00 A.M. - 2:00 P.M. - Mobile Boutique (OWT)

Thursday, May 24, 6:30 P.M. - Easy Days Quartet sings for May birthdays.

Thursday, May 31, 2:00 P.M. - Craig Siemsen sings and plays guitar.

Tuesday, June 5, 2:00 P.M. - Goodwill Fashion show: the ‘70s!

Friday, June 15, 11:30 P.M. - Men’s Cookout.

Thursday, June 21, 10:00 A.M. - 2:00 P.M. - Resident and staff summer picnic.

