

Special Events/Outings/Services

February 2018

Thursday, February 1st

Resident Council

1:30 P.M.(OWT)

Art History Studio with Taylor

Sign up required in advance. Artist highlighted is Helen Frankenthaler.

6:00 P.M. (MPR)

Friday, February 2nd

MSO Coffee Prelude: For residents with pre-purchased tickets.

9:30A.M.(front entrance)

Friday Night at the Movies

Movie title and details will be posted on bulletin boards.

6:30 P.M. (OWT)

Tuesday, February 6th

Open paint session. Come to paint, or just to chat.

2:30-4:30P.M.(PLR)

Wednesday, February 7th

Great Courses lecture: Yellowstone's Cataclysmic Origins and Future .

6:30 P.M.(OWT)

Thursday, February 8th

Wooden Spool Quilters group.

Come to quilt or just to chat. All are welcome.

9:30A.M.-noon.(PLR)

Art History Studio with Taylor

Sign up required in advance. Artist highlighted is Rene Magritte.

6:00 P.M. (MPR)

Friday, February 9th

Meet the Artist

10:30A.M.(PDR)

Friday Night at the OLYMPICS

Enjoy the opening ceremony on the big screen in the theater.

6:30 P.M. (OWT)

Saturday, February 10th

Resident social, featuring *The Memory Makers* band.

6:30P.M.(OWT)

Sunday, February 11th

MSO Pops concert: For residents with pre-purchased tickets.

1:15P.M.(front entrance)

Bob Ropiak: Story teller, singer

~1:15 P.M. (FHC)

~2:15 P.M.(WG)

Tuesday, February 13th

Paczki pick up: Enjoy your Fat Tuesday treat with coffee or save it for later. More information to follow.

9:30-11:00A.M.(PDR)

Waukesha Elder Benefits Specialist

Dawn Hendrix will be here for her monthly visit to answer your questions. She will be able to meet with you one on one to answer questions such as: health care financing, Medicare, prescription drug coverage-part D, SeniorCare, supplemental insurance, income maintenance, consumer/finance, and elder rights. Poplar Lifestyle Room

10:00 - 11:30 A.M.

Sign up in the white binder in the WTL no later than Monday, February 12.

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Tuesday, February 13th

Mardi Gras fun: Enjoy Mardi Gras treats and a game of *Family Feud*. More information to follow.
2:00P.M.(OWT)

Food Committee Meeting for Windsor House.3:00 P.M.(DAWN)

Open paint session. Come to paint, or just to chat.2:30-4:30P.M.(PLR)

Resident Services Meeting
CANCELED THIS MONTH

Dementia Support Group
6:30 P.M.(PDR)

Wednesday, February 14th

Book Club discussion
1:45 P.M.(PLR)

Food Committee meeting with Windsor Manor.
2:00 P.M.(DAWN)

Thursday, February 15th

Food Committee Meeting with Dawn
Please bring NEW menu ideas! All are welcome to attend!
1:00 P.M. (PDR)

Andy Bingle, International Crane Foundation. Visionary Conservation – a look at the cranes and the work of the International Crane Foundation.
2:30P.M.(OWT)

February Birthday Celebration
Craig and Patty Siemsen sing popular songs.
6:30 P.M.(OWT)

Friday, February 16th

Friday Night at the Movies
Movie title and details will be posted on bulletin boards.
6:30 P.M. (OWT)

Tuesday, February 20th

Spring Election
Tudor Oaks is a voting site for elections.
7:00A.M.-8:00P.M.(OWT)

Health Center resident council
10:30 A.M.(FHC)

Valerie Trower accordion music
1:30 P.M.(FHC)

Open paint session. Come to paint, or just to chat.2:30-4:30P.M.(PLR)

Wednesday, February 21st

Great Courses lecture: The Magnetic Beauty of the Active Sun.
6:30 P.M.(OWT)

Thursday, February 22nd

Wooden Spool Quilters group.
Come to quilt or just to chat. All are welcome.

9:30A.M.-noon.(PLR)

Art History Studio with Taylor
Sign up required in advance. Artist highlighted is Albrecht Durer.
6:00 P.M. (MPR)

Special Events/Outings/Services

February 2018

Thursday, February 22nd

Birch Wing meeting with Executive Director, Diane Jahnke.
1:30P.M.(PDR)

Friday, February 23rd

Friday Night at the Movies
Movie title and details will be posted on bulletin boards.
6:30 P.M. (OWT)

Saturday, February 24th

Trinity Irish Dancers
Short exhibition of the club's members: beginners to advanced dancers.
2:30P.M.(OWT)

Sunday, February 25th

Closing ceremony for the Winter Olympics. See flyer for more info.

Monday, February 26th

RESIDENT Olympics begin.
See flyers for more information.

Tuesday, February 27th

Open paint session. Come to paint, or just to chat.
2:30-4:30P.M.(PLR)

Tudor Oaks Tidbits

Patti Cures:

Schedule your manicure or pedicure appointment with Patti Schmidt:
414-858-9209

Relaxing Massage:

Schedule your appointment with Sherry Radish: 414-525-9578

Beauty and Barber Shop:

414-525-6403
Salon open Tuesday-Saturday: 9am-5pm

Carmelia's Corner

Health and Wellness

Meditation & Mindfulness

The positive impact that meditation and mindfulness have on body, mind, and spirit is all the talk lately. Join us to learn several techniques for building your own meditation practice and mindful habits. You'll leave with an idea of different meditation styles, a list of resources, and practical tips for living a more mindful life. Sessions will be held in the OWT.

(Replacing Chair Yoga every fourth Thursday of the month)

2nd session- February 25th 1:00-1:45pm

3rd session- March 22nd 1:00-1:45pm

4th session- April 26th 1:00-1:45pm

5th session- May 24th 1:00-1:45pm

Wednesday morning group: Storyteller's Studio @10am in PDR. Join us to share stories, memories, and insights. Participate as a writer, oral storyteller or just sit back and listen. The group is sometimes funny, sometimes inspiring, always thought provoking.

Special Events/Updates

February 2018

Save the date:

Monday, February 26-Friday, March 2: Resident Olympics. See flyer for details.

Thursday, March 8, 2:00pm: Tom Stanfield, multi-talented musician, sings and plays the piano.

Wednesday, March 14, 6:30pm: Vintage Mix a capella teen group sings.

Thursday, March 22, 6:30pm: March birthday celebration with the Nightingals.

Sunday, March 25, 2:30pm: MacDowell group sings and performs instrumentals.

Wednesday, May 9, 7pm: Concordia Concert group performs.

Thursday, May 24, 6:30pm: Easy Days Quartet sings for May birthdays.

Thursday, May 31, 2pm: Craig Siemsen sings and plays guitar.

Tuesday, June 5, 2pm: Goodwill Fashion show—the '70s!

Thursday, June 21, 10am-2pm: Resident and staff summer picnic.



We will have a bible study for Lent that begins on Thursday, February 22, 2018 and will go through Thursday, March 29, 2018. We will be studying the book and video, "John: The Gospel of Light and Life" by Adam Hamilton. Bible study will begin each week at 9:30 in the OWT. The cost of the book is \$5. If you would like to participate in the study, please call Chaplain Michelle or come by her office.