

Special Events/Outings/Services

January 2018

Monday, January 1st



Tuesday, January 2nd

Open paint session. Come to paint, or just to chat.

2:30-4:30P.M.(PLR)

Thursday, January 4th

Resident Council

1:30 P.M.(OWT)

Art History Studio with Taylor

Sign up required in advance. Artist highlighted is Roger Scruton..

6:00 P.M. (MPR)

Friday, January 5th

Steve Uelner, Country Travel Discoveries,

talks about upcoming trip to Washington, D.C. Trip date is September 6th-11th.

3:00 P.M.(OWT)

Friday Night at the Movies

Movie title and details will be posted on bulletin boards.

6:30 P.M. (OWT)

Monday, January 8th

Mah Jongg

1:00-3:00P.M. (PDR)

Tuesday, January 9th

Waukesha Elder Benefits Specialist

Dawn Hendrix will be here for her monthly visit to answer your questions. She will be able to meet with you one on one to answer questions such as: health care financing, Medicare, prescription drug coverage-part D, SeniorCare, supplemental insurance, income maintenance, consumer/finance, and elder rights. Poplar Lifestyle Room

10:00 - 11:30 A.M.

Sign up in the white binder in the WTL no later than Monday, January 8th.

Food Committee Meeting for Windsor

House.2:00 P.M.(DAWN)

Open paint session. Come to paint, or

just to chat.2:30-4:30P.M.(PLR)

Resident Services Meeting

Guest speaker will be Leann May, Director of Assisted Living and Supportive Services.

3:00 P.M.(OWT)

Dementia Support Group

They will be showing the documentary "Monsters in the Mind" by Jane Carper, a CNN reporter who researched ways to slow down the progression of Alzheimer's. The film is 87 minutes long but well worth the time to learn the many things that can be done. 6:30 P.M.(OWT)

Wednesday, January 10th

Book Club discussion

1:45 P.M.(PLR)

Special Events/Outings/Services

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Wednesday, January 10th

Food Committee meeting with Windsor Manor.
2:00 P.M.(DAWN)

Great courses lecture:

Wonders of the National Parks: A Geology of North America Yellowstone.
6:30 P.M.(OWT)

Thursday, January 11th

Wooden Spool Quilters group.
Come to quilt or just to chat. All are welcome.
9:30A.M.-noon.(PLR)

Friday, January 12th

Friday Night at the Movies
Movie title and details will be posted on bulletin boards.
6:30 P.M. (OWT)

Sunday, January 14th

Bob Ropiak: Story teller, singer
~1:15 P.M. (FHC)
~2:15 P.M.(WG)

Tuesday, January 16th

Health Center resident council
10:15 A.M.(FHC)
Valerie Trower accordion music
1:30 P.M.(FHC)

Open paint session. Come to paint, or just to chat.2:30-4:30P.M.(PLR)

Wednesday, January 17th

Great Courses lecture: Microcosm of the National Parks --A Visual Guide to the Universe - Probing the Cosmos of Space.
6:30 P.M.(OWT)

Thursday, January 18th

Food Committee Meeting with Dawn
Please bring NEW menu ideas! All are welcome to attend!
1:00 P.M. (PDR)

Isiah Perez from the Milwaukee Water Council explains their mission locally and globally.
1:30 P.M.(OWT)

Art History Studio with Taylor
Sign up required in advance. Artist highlighted is Marc Chagall.
6:00 P.M. (MPR)

Friday, January 19th

Friday Night at the Movies
Movie title and details will be posted on bulletin boards.
6:30 P.M. (OWT)

Saturday, January 20th

Resident evening social.
Look for flyer coming with more information.
6:30 P.M. (OWT)

Sunday, January 21st

MSO Classic Matinee~for those with pre-purchased tickets.
1:15 P.M. (front entrance)

Special Events/Outings/Services

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Tuesday, January 23rd

Open paint session. Come to paint, or just to chat. 2:30-4:30 P.M. (PLR)

Thursday, January 25th

Wooden Spool Quilters group.

Come to quilt or just to chat. All are welcome.

9:30 A.M.-noon (PLR)

Wing meeting with Diane:

Aspen wing joins Diane, Executive Director, for updates and concerns.

1:30 P.M. (PDR)

January Birthday Celebration:

Quarter Notes sing for our monthly celebration.

6:30 P.M. (OWT)

Friday, January 26th

Friday Night at the Movies

Movie title and details will be posted on bulletin boards.

6:30 P.M. (OWT)

Saturday, January 27th

Piano recital with students from 2nd grade to 12th grade. Instructed by Kay Simpkin.

1:30 P.M. show (OWT)

3:00 P.M. show (OWT)

Tuesday, January 30th

Open paint session. Come to paint, or just to chat. 2:30-4:30 P.M. (PLR)

Wednesday, January 31st

Speaker, Scott Kazin, discusses *Inventions thru the last six decades.*

6:30 P.M. (OWT)

TUDOR OAKS SALON

Happy New Year!

Out with the old and in with the new!

New Year's sales event 2018.

Are you tired of the same old hairstyle?

Do you desire fuller, thicker hair, with bounce and shine?

Stop in or call TUDOR OAKS SALON to schedule an appointment and receive 10% OFF...

Paul Mitchell texture curl service for the month of January.

(Hair trim not included with hair service)

SALES EVENT

January 1st thru January 31st, 2018

Call 414-525-6403

To schedule an appointment today.

Special Events/Services/Updates

January 2018

Tudor Oaks Tidbits

Patti Cures:

Schedule your manicure or pedicure appointment with Patti Schmidt:
414-858-9209

Relaxing Massage:

Schedule your appointment with Sherry Radish: 414-525-9578

Beauty and Barber Shop:

414-525-6403

Salon open Tuesday-Saturday: 9am-5pm

Reminder: Deadline for submitting updates/events for the upcoming month's Acorn Newsletter and/or TV Listings to Michele Vogt is the 15th of the prior month.

Goodwill Donations

Did you know we have a goodwill bin to collect items you would like to donate? It is located across from the wall of windows in the front entrance lounge.



Carmelia's Corner Health and Wellness

**No Group Fitness
January 1st New Year's Day**

What's new?

Meditation & Mindfulness

The positive impact that meditation and mindfulness have on body, mind, and spirit is all the talk lately. Join us to learn several techniques for building your own meditation practice and mindful habits. You'll leave with an idea of different meditation styles, a list of resources, and practical tips for living a more mindful life.

(Replacing Chair Yoga every third Thursday of the month)

1st session- January 18th 1:00-1:45pm

2nd session- February 15th 1:00-1:45pm

3rd session- March 15th 1:00-1:45pm

4th session- April 19th 1:00-1:45pm

5th session- May 17th 1:00-1:45pm

Sessions will be held in the Multipurpose Room

Step Aerobics

New class time! Starting the first week in January Step Aerobics will be offered from 7:30-8:00am Thursday mornings.

***Up to date group fitness schedules can be found outside the Wellness Office.**

Special Events/Updates

January 2018

Save the date:

Thursday, February 1, 6:00pm: Art History on Taylor Paddock. Sign up in the library.

Thursday, February 8, 6:00pm: Art History on Taylor Paddock. Sign up in the library.

Saturday, February 10, 6:30pm: Social gathering with music from the Memory Makers.

Tuesday, February 13: Fat Tuesday/Paczki day.

Thursday, February 15, 6:30pm: Celebrate February birthdays with music from Craig and Patti Siemsen.

Tuesday, February 20, 7am-8pm: Spring Election day in OWT.

Thursday, February 22, 1:30pm: Birch wing meets with Diane in PDR.

~6:00pm: Art History on Taylor Paddock, Sign up in the library.

Saturday, February 24, 2:30-3:00: Trinity Irish Dancers perform in OWT.

Thursday, March 8, 2:00pm: Tom Stanfield, multi-talented musician, sings and plays the piano.

Thursday, March 22, 6:30pm: March birthday celebration with the Nightengals.

