

# Weekly Leisure Opportunities

## Windsor Gardens - Fir 1

### Monday

9:15 Finish the Phrase  
10:00 Balloon Volleyball/exercise  
1:00 Hymn Sing  
1:30 Book Nook  
2:30 Famous Phrases  
3:15 Ladder Ball  
5:30 Categories

### Tuesday

9:15 Bird Watching & Feeding  
9:45 Exercise  
10:30 Chapel  
1:00 Crafter's Corner  
2:00 Tunes with Taylor  
3:15 Knock it in the Pocket  
5:15 Evening Chat

### Wednesday

9:30 Exercise  
10:15 Trivia  
1:00 Bowling  
2:15 Crafts  
5:15 Reminisce  
6:00 Music

### Thursday

9:15 Exercise  
10:15 Reminisce  
1:00 Mystery of the Hymns  
2:00 Nature's Nook  
3:15 Brain Busters  
5:15 Evening Chat

### Friday

9:00 Exercise  
10:15 News and Review  
1:00 Baking  
2:30 Word Puzzles  
4:15 Music with Bob  
5:00 Movie in TV Room

### Saturday

1:00 Active Games  
2:45 Bingo  
6:00 Evening Matinee

### Sunday

2:45 Anything Goes

**Daily Quiet Time 12:00-1:00**