

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



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| <p>10:00 Heritage Presbyterian Church Service (OWT or ch.957)</p> <p>2:00 Movie: <i>Purple Hearts</i> (ch.955)</p> <p style="text-align: right;"><b>4</b></p>                                                                                                                                                                                                                       | <p style="text-align: center; font-size: 2em;"><b>Happy Labor Day!</b></p> <p style="text-align: center;">Labor Day</p> <p style="text-align: right;"><b>5</b></p>                                                                                                                                                                                                                                           | <p>8:30-9:00 Functional Fitness (MPR)</p> <p>9:30-10:00 Seated Exercise (MPR)</p> <p>10:15 Balance on the Ball (MPR)</p> <p>10:00 Daily Devotional (ch.957)</p> <p>1:00 Sheepshead (PDR)</p> <p>1:00 <b>NO</b> Chair Yoga (MPR)</p> <p>2:00-3:00 Wellness Clinic (D218)</p> <p>6:30 Mexican Train Dominoes (PDR)</p> <p><b>Fall League Bocce Ball Starts</b> (see bulletin boards for more info)</p> <p style="text-align: right;"><b>6</b></p>                                                                                                                           | <p>8:30-9:00 Standing Strength (MPR)</p> <p>9:30-10:00 Seated Exercise (MPR)</p> <p>9:30-Aqua Zumba</p> <p>10:00 Wii Tennis (MPR)</p> <p>10:00 Daily Devotional (ch.957)</p> <p>1:00 Catholic Mass (OWT or ch.957)</p> <p>1:00 Book Club Discussion (PDR)</p> <p>2:00-3:00 Chair Volleyball (MPR)</p> <p>3:00 Campus Worship (OWT or ch.957)</p> <p><b>6:30 StanDard Jazz (OWT or Ch. 957)</b></p> <p style="text-align: right;"><b>7</b></p> | <p>8:30-9:00 Functional Fitness (MPR)</p> <p>9:30-10:00 Seated Exercise (MPR)</p> <p>10:00 Daily Devotional (ch.957)</p> <p>10:30 Storyteller's Group (PDR)</p> <p>1:00 Euchre (PDR)</p> <p>1:00 Chair Yoga (MPR)</p> <p><b>1:30-3:00 Resident Council (OWT or Ch. 957)</b></p> <p>2:00-3:00 Wellness Clinic (D218)</p> <p>3:00 Cardio Drumming (MPR)</p> <p>6:30 Hand &amp; Foot/Cards (PLR)</p> <p style="text-align: right;"><b>8</b></p>                                                                        | <p>8:30-9:00 Standing Strength (MPR)</p> <p>9:30-10:00 Seated Exercise (MPR)</p> <p>9:30-10:15 Water Aerobics</p> <p>9:30 Men's Coffee (PDR)</p> <p>1:00 Bridge (PDR)</p> <p>2:00-3:00 Wii Bowling (MPR)</p> <p>6:30 Friday Night Movie: (ch.955)</p> <p style="text-align: right;"><b>9</b></p>                                                                                                                         | <p>2:00-3:00 Chair Volleyball (MPR)</p> <p>6:30 <b>NO</b> BINGO (PDR)</p> <p style="text-align: right;"><b>3</b></p>                                                                                                                     |
| <p>10:00 Heritage Presbyterian Church Service (OWT or ch.957)</p> <p>2:00 Movie: <i>Endless Love</i> (ch.955)</p> <p><b>5:00 Second Sunday Out</b></p> <p style="text-align: right;"><b>11</b></p>                                                                                                                                                                                  | <p>8:30-9:00 Standing Strength (MPR)</p> <p>9:30-10:00 Seated Exercise (MPR)</p> <p>9:30-10:15 Water Aerobics</p> <p>10:00 Daily Devotional (ch.957)</p> <p><b>10:15-11:00 Line Dancing (MPR)</b></p> <p>1:00 Mah Jongg (PDR)</p> <p>2:00-3:00 Chair Volleyball (MPR)</p> <p>6:30 Movie: <i>Man from Toronto</i> (ch.955)</p> <p style="text-align: right;"><b>12</b></p>                                    | <p>8:30-9:00 Functional Fitness (MPR)</p> <p>9:30-10:00 Seated Exercise (MPR)</p> <p>10:00 Daily Devotional (ch.957)</p> <p>10:15 Balance on the Ball (MPR)</p> <p>1:00 Sheepshead (PDR)</p> <p>1:00 Chair Yoga (MPR)</p> <p>1:00-3:00 Dawn Hendrix ADRC Elder Benefits (Sign up in Library) (PLR)</p> <p>2:00-3:00 Wellness Clinic (D218)</p> <p>6:30 Mexican Train Dominoes (PDR)</p> <p><b>6:30 Wicked Wombats (OWT or Ch. 957)</b></p> <p style="text-align: right;"><b>13</b></p>                                                                                    | <p>8:30-9:00 Standing Strength (MPR)</p> <p>9:30-10:00 Seated Exercise (MPR)</p> <p>9:30-Aqua Zumba</p> <p>10:00 Wii Tennis (MPR)</p> <p>10:00 Daily Devotional (ch.957)</p> <p>1:00 Catholic Mass (OWT or ch.957)</p> <p>2:00-3:00 Chair Volleyball (MPR)</p> <p>3:00 Campus Worship (OWT or ch.957)</p> <p><b>6:30 Movie: Rise: A Story about NBA Player Giannis Antetokounmpo (ch.955)</b></p> <p style="text-align: right;"><b>14</b></p> | <p>8:30-9:00 Functional Fitness (MPR)</p> <p>9:30-10:00 Seated Exercise (MPR)</p> <p>10:00 Daily Devotional (ch.957)</p> <p>10:30 Storyteller's Group (PDR)</p> <p>1:00 Euchre (PDR)</p> <p>1:00 Chair Yoga (MPR)</p> <p>2:00-3:00 Wellness Clinic (D218)</p> <p><b>3:00 Trivia (OWT or Ch. 957)</b></p> <p>3:00 Cardio Drumming (MPR)</p> <p>6:30 Hand &amp; Foot/Cards (PLR)</p> <p><b>6:30 Tim Crain: The United States and the Middle East (OWT or Ch. 957)</b></p> <p style="text-align: right;"><b>15</b></p> | <p>8:30-9:00 Standing Strength (MPR)</p> <p>9:30-10:00 Seated Exercise (MPR)</p> <p>9:30-10:15 Water Aerobics</p> <p>9:30 Men's Coffee (PDR)</p> <p><b>10:00-2:00 Tudor Oaks Craft Fair to End Alzheimer's (Outside or if inclement weather will be in the OWT)</b></p> <p>1:00 Bridge (PDR)</p> <p>2:00-3:00 Wii Bowling (MPR)</p> <p>6:30 Friday Night Movie: (ch.955)</p> <p style="text-align: right;"><b>16</b></p> | <p><b>10:00-2:00 Tudor Oaks Craft Fair to End Alzheimer's (Outside or if inclement weather will be in the OWT)</b></p> <p>2:00-3:00 Chair Volleyball (MPR)</p> <p><b>6:30 Game Night</b></p> <p style="text-align: right;"><b>17</b></p> |
| <p>10:00 Heritage Presbyterian Church Service (OWT or ch.957)</p> <p><b>10:00 Tudor Oaks Walk to End Alzheimer's (meet at 9:45 at Main Entrance to start walk)</b></p> <p><b>10:00-2:00 Tudor Oaks Craft Fair to End Alzheimer's (Outside or if inclement weather in the MPR)</b></p> <p>2:00 Movie: <i>Wedding Season</i> (ch.955)</p> <p style="text-align: right;"><b>18</b></p> | <p>8:30-9:00 Standing Strength (MPR)</p> <p>9:30-10:00 Seated Exercise (MPR)</p> <p>9:30-10:15 Water Aerobics</p> <p>10:00 Daily Devotional (ch.957)</p> <p><b>10:15-11:00 Line Dancing (MPR)</b></p> <p>1:00 Mah Jongg (PDR)</p> <p>2:00-3:00 Chair Volleyball (MPR)</p> <p>6:30 Movie: <i>Man from Toronto</i> (ch.955)</p> <p style="text-align: right;"><b>19</b></p>                                    | <p>8:30-9:00 Functional Fitness (MPR)</p> <p>9:30-10:00 Seated Exercise (MPR)</p> <p>10:00 Daily Devotional (ch.957)</p> <p>10:15 Balance on the Ball (MPR)</p> <p><b>12:00 Cheerful Chimers Rehearsal (PLR)</b></p> <p>1:00 Sheepshead (PDR)</p> <p>1:00 Chair Yoga (MPR)</p> <p><b>1:30 Mixed Choir (OWT)</b></p> <p>2:00-3:00 Wellness Clinic (D218)</p> <p>6:30 Mexican Train Dominoes (PDR)</p> <p><b>6:30 Tips for Caring for Someone with Dementia; Lori Lutze, Tudor Oaks Home Care Director (OWT or Ch. 957)</b></p> <p style="text-align: right;"><b>20</b></p> | <p>8:30-9:00 Standing Strength (MPR)</p> <p>9:30-10:00 Seated Exercise (MPR)</p> <p>9:30-Aqua Zumba</p> <p>10:00 Wii Tennis (MPR)</p> <p>10:00 Daily Devotional (ch.957)</p> <p>1:00 Catholic Mass (OWT or ch.957)</p> <p><b>1:00 Brewers Game (bus leaves at 11:30)</b></p> <p>2:00-3:00 Chair Volleyball (MPR)</p> <p>3:00 Campus Worship (OWT or ch.957)</p> <p style="text-align: right;"><b>21</b></p>                                   | <p>8:30-9:00 Functional Fitness (MPR)</p> <p>9:30-10:00 Seated Exercise (MPR)</p> <p>10:00 Daily Devotional (ch.957)</p> <p>10:30 Storyteller's Group (PDR)</p> <p>1:00 Euchre (PDR)</p> <p>1:00 Chair Yoga (MPR)</p> <p>2:00-3:00 Wellness Clinic (D218)</p> <p>3:00 Cardio Drumming (MPR)</p> <p>6:30 Hand &amp; Foot/Cards (PLR)</p> <p><b>6:30 Tim Crain: The United States, the Cold War and the Middle East (OWT or Ch. 957)</b></p> <p style="text-align: right;"><b>22</b></p>                              | <p>8:30-9:00 Standing Strength (MPR)</p> <p>9:30-10:00 Seated Exercise (MPR)</p> <p>9:30-10:15 Water Aerobics</p> <p>9:30 Men's Coffee (PDR)</p> <p>1:00 Bridge (PDR)</p> <p>2:00-3:00 Wii Bowling (MPR)</p> <p>6:30 Friday Night Movie: (ch.955)</p> <p style="text-align: right;"><b>23</b></p>                                                                                                                        | <p>2:00-3:00 Chair Volleyball (MPR)</p> <p>6:30 BINGO (PDR)</p> <p style="text-align: right;"><b>24</b></p>                                                                                                                              |
| <p>10:00 Heritage Presbyterian Church Service (OWT or ch.957)</p> <p>2:00 Movie: <i>Love &amp; Basketball</i> (ch.955)</p> <p style="text-align: right;"><b>25</b></p>                                                                                                                                                                                                              | <p>8:30-9:00 Standing Strength (MPR)</p> <p>9:30-10:00 Seated Exercise (MPR)</p> <p>9:30-10:15 Water Aerobics</p> <p>10:00 Daily Devotional (ch.957)</p> <p><b>10:15-11:00 Line Dancing (MPR)</b></p> <p>1:00 Mah Jongg (PD2:00-3:00 Chair Volleyball (MPR)</p> <p>3:00 Wellness Lecture (OWT or ch.957)</p> <p>6:30 Movie: <i>Man from Toronto</i> (ch.955)</p> <p style="text-align: right;"><b>26</b></p> | <p>8:30-9:00 Functional Fitness (MPR)</p> <p>9:30-10:00 Seated Exercise (MPR)</p> <p>10:00 Daily Devotional (ch.957)</p> <p>10:15 Balance on the Ball (MPR)</p> <p><b>12:00 Cheerful Chimers Rehearsal (PLR)</b></p> <p>1:00 Sheepshead (PDR)</p> <p>1:00 Chair Yoga (MPR)</p> <p><b>1:30 Mixed Choir (OWT)</b></p> <p>2:00-3:00 Wellness Clinic (D218)</p> <p>6:30 Mexican Train Dominoes (PDR)</p> <p><b>6:30 Dolce Duo (OWT or Ch. 957)</b></p> <p style="text-align: right;"><b>27</b></p>                                                                            | <p>8:30-9:00 Standing Strength (MPR)</p> <p>9:30-10:00 Seated Exercise (MPR)</p> <p>9:30-Aqua Zumba</p> <p>10:00 Wii Tennis (MPR)</p> <p>10:00 Daily Devotional (ch.957)</p> <p>1:00 Catholic Mass (OWT or ch.957)</p> <p>2:00-3:00 Chair Volleyball (MPR)</p> <p>3:00 Campus Worship (OWT or ch.957)</p> <p>6:30 Grief Support Group (PDR)</p> <p style="text-align: right;"><b>28</b></p>                                                   | <p>8:30-9:00 Functional Fitness (MPR)</p> <p>9:30-10:00 Seated Exercise (MPR)</p> <p>10:00 Daily Devotional (ch.957)</p> <p>10:30 Storyteller's Group (PDR)</p> <p>1:00 Euchre (PDR)</p> <p>1:00 Chair Yoga (MPR)</p> <p>2:00-3:00 Wellness Clinic (D218)</p> <p>3:00 Cardio Drumming (MPR)</p> <p>6:30 Hand &amp; Foot/Cards (PLR)</p> <p><b>6:30 Tim Crain: The United States and the Arab-Israeli Conflict (OWT or Ch. 957)</b></p> <p style="text-align: right;"><b>29</b></p>                                  | <p>8:30-9:00 Standing Strength (MPR)</p> <p>9:30-10:00 Seated Exercise (MPR)</p> <p>9:30-10:15 Water Aerobics</p> <p>9:30 Men's Coffee (PDR)</p> <p>1:00 Bridge (PDR)</p> <p>2:00-3:00 Wii Bowling (MPR)</p> <p>6:30 Friday Night Movie: (ch.955)</p> <p style="text-align: right;"><b>30</b></p>                                                                                                                        | <p><b>Calendars are subject to change. Please see bulletin boards for updates.</b></p> <p><b>New Events</b></p>                                                                                                                          |

MPR: Multi-Purpose Room

ORR: Oak Ridge Dining Room

OWT: Olive Wood Theater

PDR: Private Dining Room

PLR: Poplar Lifestyle Room