

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

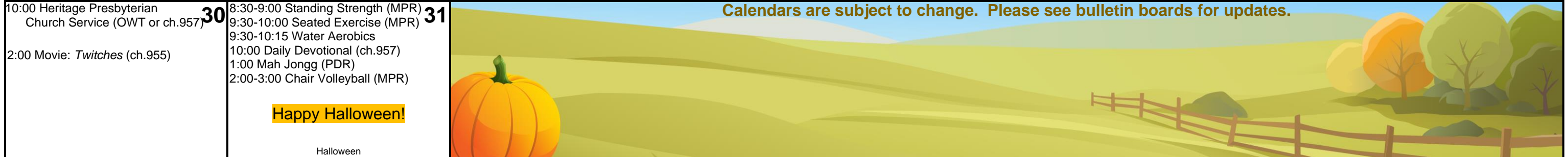
October 2022

Tudor Oaks Independent Living



<p>10:00 Heritage Presbyterian Church Service (OWT or ch.957) 2</p> <p>2:00 Movie: <i>Footloose</i> (ch.955)</p>	<p>8:30-9:00 Standing Strength (MPR) 3 9:30-10:00 Seated Exercise (MPR) 9:30-10:15 Water Aerobics 10:00 Daily Devotional (ch.957) 10:15-11:00 Line Dancing (MPR) 1:00 Mah Jongg (PDR) 2:00-3:00 Chair Volleyball (MPR)</p>	<p>8:30-9:00 Functional Fitness (MPR) 4 9:30-10:00 Seated Exercise (MPR) 10:15 Balance on the Ball (MPR) 10:00 Daily Devotional (ch.957) 1:00 Sheepshead (PDR) 1:00 Chair Yoga (MPR) 2:00-3:00 Wellness Clinic (D218) 6:30 Mexican Train Dominoes (PDR) 4:00 Wellness Lecture (OWT, ch.957) 6:30 John LeGear: Movie Music Romance (OWT or ch. 957)</p>	<p>8:30-9:00 Standing Strength (MPR) 5 9:30-10:00 Seated Exercise (MPR) 9:30-Aqua Zumba 10:00 Wii Tennis (MPR) 10:00 Daily Devotional (ch.957) 1:00 Catholic Mass (OWT or ch.957) 1:00 Book Club Discussion (PDR) 2:00-3:00 Chair Volleyball (MPR) 3:00 Campus Worship (OWT or ch.957) 6:30 Jerry Augustine: Life of a Pro Baseball Player (OWT or ch. 957)</p>	<p>8:30-9:00 Functional Fitness (MPR) 6 9:30-10:00 Seated Exercise (MPR) 10:00 Daily Devotional (ch.957) 10:30 Storyteller's Group (PDR) 1:00 Euchre (PDR) 1:00 NO Chair Yoga (MPR) 1:30-3 Resident Council (OWT or ch. 957) 2:00-3:00 Wellness Clinic (D218) 3:00 Cardio Drumming (MPR) 6:30 Hand & Foot/Cards (PLR) 6:30 Dr.Tim Crain: Lecture #5 (OWT or ch 957)</p>	<p>8:30-9:00 Standing Strength (MPR) 7 9:30-10:00 Seated Exercise (MPR) 9:30-10:15 Water Aerobics 9:30 Men's Coffee (OWT) 1:00 Bridge (PDR) 2:00-3:00 Wii Bowling (MPR) 6:30 Friday Night Movie: <i>Unbroken: Path to Redemption</i> (ch.955)</p>	<p>2:00-3:00 Chair Volleyball (MPR) 8 6:30 BINGO (PDR)</p>
<p>10:00 Heritage Presbyterian Church Service (OWT or ch.957) 9</p> <p>2:00 Movie <i>Snow White & the Huntsman</i> (ch.955)</p> <p>6:00: Second Sunday Out "Ice Cream Social"</p> <p>Sukkot Begins</p>	<p>8:30-9:00 Standing Strength (MPR) 10 9:30-10:00 Seated Exercise (MPR) 9:30-10:15 Water Aerobics 10:00 Daily Devotional (ch.957) 10:15-11:00 Line Dancing (MPR) 1:00 Mah Jongg (PDR) 2:00-3:00 Chair Volleyball (MPR)</p> <p>Columbus Day (US) Indigenous Peoples' Day Thanksgiving Day (Canada)</p>	<p>8:30-9:00 Functional Fitness (MPR) 11 9:30-10:00 Seated Exercise (MPR) 10:15 Balance on the Ball (MPR) 10:00 Daily Devotional (ch.957) 1:00 Sheepshead (PDR) 1:00 NO Chair Yoga (MPR) 2:00 Muskego K9 Demonstration (OWT or ch. 957) 2:00-3:00 Wellness Clinic (D218) 6:30 Mexican Train Dominoes (PDR)</p>	<p>8:30-9:00 Standing Strength (MPR) 12 9:30-10:00 Seated Exercise (MPR) 9:30-Aqua Zumba 10:00 Wii Tennis (MPR) 10:00 Daily Devotional (ch.957) 1:00 Catholic Mass (OWT or ch.957) 2:00-3:00 Chair Volleyball (MPR) 3:00 Campus Worship (OWT or ch.957)</p>	<p>8:30-9:00 Functional Fitness (MPR) 13 9:30-10:00 Seated Exercise (MPR) 10:00 Daily Devotional (ch.957) 10:30 Storyteller's Group (PLR) 1:00 Euchre (PDR) 1:00 NO Chair Yoga (MPR) 2:00-3:00 Wellness Clinic (D218) 3:00 Cardio Drumming (MPR) 6:30 Hand & Foot/Cards (PLR) 6:30 Dr. Tim Crain: Lecture #6 (OWT or ch. 957)</p>	<p>8:30-9:00 Standing Strength (MPR) 14 9:30-10:00 Seated Exercise (MPR) 9:30-10:15 Water Aerobics 9:30 Men's Coffee (OWT) 1:00 Bridge (PDR) 2:00-3:00 Wii Bowling (MPR) 6:30 Friday Night Movie: <i>Apollo 13</i> (ch.955)</p>	<p>2:00-3:00 Chair Volleyball (MPR) 15 6:30 Game Night</p>
<p>10:00 Heritage Presbyterian Church Service (OWT or ch.957) 16</p> <p>2:00 Movie: <i>A Knight Tale</i> (ch.955)</p>	<p>8:30-9:00 Standing Strength (MPR) 17 9:30-10:00 Seated Exercise (MPR) 9:30-10:15 Water Aerobics 10:00 Daily Devotional (ch.957) 1:00 Mah Jongg (PDR) 2:00-3:00 Chair Volleyball (MPR)</p> <p>Simchat Torah Begins</p>	<p>8:30-9:00 Functional Fitness (MPR) 18 9:30-10:00 Seated Exercise (MPR) 10:15 Balance on the Ball (MPR) 10:00 Daily Devotional (ch.957) 1:00 Sheepshead (PDR) 1:00 Chair Yoga (MPR) 2:00-3:00 Wellness Clinic (D218) 6:30 Mexican Train Dominoes (PLR) 6:30 Dementia Support group (PDR) 6:30 Kathleen Gallagher, former Milwaukee Journal Sentinel Business Reporter</p>	<p>8:30-9:00 Standing Strength (MPR) 19 9:30-10:00 Seated Exercise (MPR) 9:30-Aqua Zumba 10:00 Wii Tennis (MPR) 10:00 Daily Devotional (ch.957) 1:00 Catholic Mass (OWT or ch.957) 2:00-3:00 Chair Volleyball (MPR) 3:00 Campus Worship (OWT or ch.957)</p>	<p>8:30-9:00 Functional Fitness (MPR) 20 9:30-10:00 Seated Exercise (MPR) 10:00 Daily Devotional (ch.957) 10:30 Storyteller's Group (PDR) 1:00 Food Committee Meeting 1:00 Euchre (PDR) 1:00 Chair Yoga (MPR) 2:00-3:00 Wellness Clinic (D218) 3:00 Cardio Drumming (MPR) 6:30 Hand & Foot/Cards (PLR) 6:30 Bart Adrian, Meteorologist</p>	<p>8:30-9:00 Standing Strength (MPR) 21 9:30-10:00 Seated Exercise (MPR) 9:30-10:15 Water Aerobics 9:30 Men's Coffee (OWT) 1:00 Bridge (PDR) 2:00-3:00 Wii Bowling (MPR) 6:30 Friday Night Movie: <i>Orient Express</i> (ch.955)</p>	<p>2:00-3:00 Chair Volleyball (MPR) 22 6:30 BINGO (PDR)</p>
<p>10:00 Heritage Presbyterian Church Service (OWT or ch.957) 23</p> <p>2:00 Movie: <i>Maleficent</i> (ch.955)</p>	<p>8:30-9:00 Standing Strength (MPR) 24 9:30-10:00 Seated Exercise (MPR) 9:30-10:15 Water Aerobics 10:00 Daily Devotional (ch.957) 1:00 Mah Jongg (PDR) 2:00-3:00 Chair Volleyball (MPR)</p> <p>Diwali (Hindi)</p>	<p>8:30-9:00 Functional Fitness (MPR) 25 9:30-10:00 Seated Exercise (MPR) 10:15 Balance on the Ball (MPR) 10:00 Daily Devotional (ch.957) 1:00 Sheepshead (PDR) 1:00 NO Chair Yoga (MPR) 2:00-3:00 Wellness Clinic (D218) 6:30 Mexican Train Dominoes (PDR)</p>	<p>8:30-9:00 Standing Strength (MPR) 26 9:30-10:00 Seated Exercise (MPR) 9:30-Aqua Zumba 10:00 Wii Tennis (MPR) 10:00 Daily Devotional (ch.957) 1:00 Catholic Mass (OWT or ch.957) 2:00-3:00 Chair Volleyball (MPR) 3:00 Campus Worship (OWT or ch.957) 6:30 Grief Support group (PDR) 6:30 Sherwood Alpren, Singer (OWT or ch. 957)</p>	<p>8:30-9:00 Functional Fitness (MPR) 27 9:30-10:00 Seated Exercise (MPR) 10:00 Daily Devotional (ch.957) 10:30 Storyteller's Group (PDR) 1:00 Euchre (PDR) 1:00 NO Chair Yoga (MPR) 2:00-3:00 Wellness Clinic (D218) 3:00 NO Cardio Drumming (MPR) 6:30 Hand & Foot/Cards (PLR)</p>	<p>8:30-9:00 Standing Strength (MPR) 28 9:30-10:00 Seated Exercise (MPR) 9:30-10:15 Water Aerobics 9:30 Men's Coffee (OWT) 1:00 Bridge (PDR) 2:00-3:00 Wii Bowling (MPR) 6:30 Friday Night Movie: <i>Greater</i> (ch.955)</p>	<p>2:00-3:00 Chair Volleyball (MPR) 29 6:30 BINGO (PDR)</p>

Calendars are subject to change. Please see bulletin boards for updates.



MPR: Multi-Purpose Room

ORR: Oak Ridge Dining Room

OWT: Olive Wood Theater

PDR: Private Dining Room

PLR: Poplar Lifestyle Room