#### Wellness News:

Bocce pick up games will begin on June 1 and will be held Thursday at 6:30pm and Saturday mornings at 9:30am Come join in the fun!

Trivia Competition will be on Thursday, June 22 at 3:00PM in the Olive Wood Theater. Be on the lookout for team sign ups outside of the wellness office.



#### **Clothes for Ukraine**

Do you have wearable clean clothes that you would like to donate to a worthy cause? Men, women and children need clothing. The residents of Ukraine have nothing but the clothes on their backs. The clothing will be given to the refugees that come here and what is left will be distributed and sent overseas by the Church of Ukraine. Place donations in bags or boxes, label them "Ukraine" and leave them in the Poplar Lifestyle room. Thank you from the grateful people of Ukraine.



# BIG GARAGE SALE



JUNE 9, 2023

8 AM-3 PM

Elm Garage 13-16

Proceeds will benefit the Residents Activities Fund and R.A.R.E.

Wheelchairs, walkers, furniture, household items. If residents wish to donate items to the rummage sale, bring them to the Marketing office NO LATER THAN MONDAY, MAY ZZ

Please see Jane/Allison with questions

# <u>News and Notes</u>



Acorn submissions are due by the 15th of each month to insure they are included in the following month's issue. PDF format emailed to mhyde@abhomes.org or dnovak@abhomes.org is preferred or you can put them in the tray on the file cabinet in the PLR.

### FOOD COMMITTEES

Independent Living: Food Committee every third Thursday of month ~sign up at the Hostess Station ~1:00 in Oak Ridge Dining Room ~Dining Experience Committee to meet immediately after Windsor Manor: Every second Thursday of month at 2:30pm Windsor House: Every second Thursday of month at 3:30pm

**Therapy Announcement:** Free balance assessments with our new ... **VSTBalance**, an automated fall-risk assessment tool that utilizes Artificial Intelligence with machine vision to objec-

tively identify deficits in balance, gait and function. Come check it



out on Thursday, June 29<sup>th</sup> from 2:00-3:00pm in the Olive Wood Theater. Be on the look out for sign up times to get your free balance assessment.

#### Kentucky Derby in Review May 6, 2023

We had 73 reservations for our Kentucky Derby Party with around 70 attending. Everyone had a good time even though the actual race did not start until 6 PM. The winners are as follows:

Derby \$ - Red Box - 50% pay out - Win 25%, Place 15%, Show 10%, and 50% to activity fund.

Winning horse—Mage #8—Harriet Lisiecki Second place—Two Phils's #3—Jo Plitt Third Place—Angel of Empire #14 Mary Deglow

Random Draw Chance—We have two sellers at \$2

per chance. There will be 4 hats sold. Each winner will get 50% and 50% to activity fund. 18 horses running which means \$18 to each winner.

Winning Horse was Mage #8 Yellow ticket—Pam Long



Green Ticket—Barb Yahr Blue Ticket - Nan Rupp Pink Ticket—Looking for the winner

Pony Races—We had 4 sellers of chances for \$2. Winner receives \$6 and activity fund gets \$6 — a winner from each hat (up to 4 winners each race). We ran 6 races with 4 sellers for each race—thus 24 winners.

Fashion Show—Dee Maxwell and Don will provide prizes to the winner.

Women Hats	: Most Elegant—Shirley Mendini
	Most Zaniest—Marlene Hultgren
	Best use of Roses—Nancy Wanie
Men's Show:	Most Dapper—Ken Schneider
	Most Unique—Mike Holmes
Couples:	Most Elegant—Guy & Louise Osborn

A big thank you to all of the volunteers and residents !! Great time and big success! *Der Bardaner* 



### **June Highlights** Entertainment (OWT or Ch. 957)

June 6 at 6:30 PM: Brett Gaertner, Singer (OWT)
June 8 at 6:30 PM: Ron Anderson Travelogue (OWT)
June 13 at 6:30 PM: The Dolce Duo (OWT)
June 14 at 6:30 PM:

Gregory Hartmann, Pianist (OWT)

June 29 at 6:30 PM: CP Kent, Folk Singer (Outdoor Concert, Weather permitting)



(Ch. 955) June 4<sup>th</sup> - The Glass Castle June 11<sup>th</sup> <sup>-</sup>Whitney Houston: I Wanna Dance With Somebody June 18<sup>th</sup> <sup>-</sup>Game Plan June 25<sup>th</sup> - Julie and Julia

### Friday Night

Movies

6:30 pm Channel 955 on your TV

### June Movie Line Up

2<sup>nd</sup> Mrs. Harris Goes to Paris
9<sup>th</sup> Downton Abbey
16<sup>th</sup> The Man Called Otto
23<sup>rd</sup> The Fabelmans
30<sup>th</sup> Downton Abbey, New Era

# Saturday Night BINGO



6:30pm in PDR (June 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>)

## **Spiritual Services & Programs**

Weekly Chapel Service Wednesdays at 3:00 pm (OWT or ch.957)

Tuesday @ 2:15 pm- Chaplain's Corner in Windsor House

Tuesday @ 3:00 pm- Chaplain's Corner in Windsor Manor

Thursday @ 10:30 am–Chaplain's Corner in Frances Henry Health Center



Thursday @ 11:00 am—Chaplain's Corner in Windsor Garden

Catholic Mass – Weekly Services Every Wednesday at 1:00 pm (OWT or channel 957) Heritage Presbyterian Church Sundays at 10:00 am (OWT or channel 957)

Weekly visits with Bro. Long Nguyen – Wednesdays from 9am-12pm

Dementia Support Group : Tuesday, June 20<sup>th</sup>
 6:30pm (PDR)
 Grief Support Group : Wednesday, June 28<sup>th</sup>
 6:30pm (PDR)

 Any questions about the support groups, please contact Pastor Michelle Peterson at 529-0100 x 2105

 Book Club Discussion, 1<sup>st</sup> Wednesday of the month June 7<sup>th</sup> at 1:00 pm, Private Dining Room

 Contact Julia Kurlinski at 414-421-7633





#### More Derby Fun





# Tudor Oaks Storyteller's Group

Do you like to write stories? Do you like to tell stories? Join us every Thursday morning at 10:30am in the Private Dining Room to discuss various subjects.

### STORYTELLERS SUGGESTED TOPICS **JUNE 2023**

Week 115- June 1<sup>st</sup>- Describe a time when someone did something nice for you.

Week 116- June 8<sup>th</sup>- Discuss the one thing at Tudor Oaks that you would change and how you would change it.

<u>Week 117- June 15<sup>th</sup>-</u> Describe the worst food that you have ever eaten. Who prepared it, and/or where were you when you ate it?

Week 118 -June 22<sup>nd</sup>- Imagine that the year is 1875. Describe where and how you would be living. Would you be in a large city? Would you be crossing the prairie in a covered wagon? Would you be farming in Wisconsin?

Week 119 - June 29<sup>th</sup>- Describe/discuss what you consider to be the greatest invention of all time. How did it change the world?



**Questions?** Please contact Lisa Runte, in the Lifestyles Department. 414-529-0100 x2853





