



**Ava Corsetti– Culinary Services**  
**Lily Roller– Culinary Services**  
**Lacy Poetzl– Clinical Care Manager**  
**Amelia Zei– Culinary Services**  
**Anna Muench- CNA**  
**Brenda Richter– Culinary Services**  
**Elisabeth Kronebusch- CNA**  
**Jaelynn Mick– Culinary Services**  
**Sydney Brown– Culinary Services**  
**Elizabeth Towers– Culinary Services**  
**Craig Griffiths– Hospitality Services**  
**Joaquin Paszkiewicz- CNA**  
**Angela Kraut– Clinical Care Manager**  
**Jodi Lemke- CNA**  
**Matt Adler- Culinary services**  
**Mark Sopa- Transportation**  
**Megan Nash- Culinary services**  
**Samuel Steuber- CNA**  
**John Chitko--**  
**Director of Culinary Services**

## Wellness News:

Line Dancing returns on  
Mondays starting July 17<sup>th</sup>  
through August 8<sup>th</sup>  
10:30-11:15 in the MPR



## My “Buddy”

By Julie Wu

It was a hot day at Tudor Oaks,  
when I saw a little creature  
sprawled out on a limb of a yew tree  
outside my apartment window.

How can that be? I thought.

I live on the second floor of Windsor House.

The squirrel had found a horizontal branch on the  
tree—

--about a foot long and three inches thick.

Most of the bark was gone from the branch.

Did the resourceful little guy gnaw it off?

Surely, he didn’t eat it off—did he?

Anyway, it was an ideal spot for stretching out...

being partly in the sun and partly in the shade.

After he “visited” me for several days,

I “adopted” him as my pet. I named him Buddy.

One day, however, he looked like he had gone

to the Great Animal Kingdom beyond.

I was so sad, that I asked a maintenance man

to dispose of Buddy’s remains.

When Scott came, he said he couldn’t find Buddy  
on the ground.

I said: NO. NO. HE’S UP IN THE TREE!

So, I showed Scott where Buddy’s body was.

But when we entered my apartment...Lo and Be-  
hold!

Buddy was very much alive and munching on  
some nuts on his perch.

HE’S ALIVE, I said. IT’S A MIRACLE, I shouted!

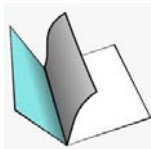
Buddy continues to visit my tree and I think,

like cats,

Squirrels might have nine lives!



# News and Notes



Acorn submissions are due by the 15th of each month to insure they are included in the following month's issue. PDF format emailed to [mhyde@abhomes.org](mailto:mhyde@abhomes.org) or [dnovak@abhomes.org](mailto:dnovak@abhomes.org) is preferred or you can put them in the tray on the file cabinet in the PLR.

## FOOD COMMITTEES

**Independent Living: Food Committee every third Thursday of month**

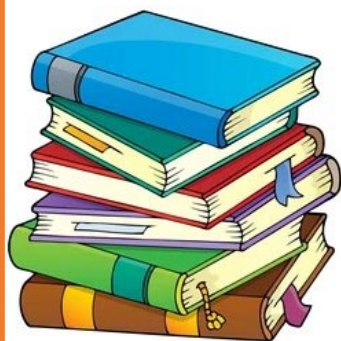
~sign up at the Hostess Station

~1:00 in Oak Ridge Dining Room

~Dining Experience Committee to meet immediately after

**Windsor Manor: Every second Thursday of month at 2:30pm**

**Windsor House: Every second Thursday of month at 3:30pm**



### Reminders for Library users:

Each Tudor Oaks Library book contains a checkout card located in the back of the book. Please fill out cards and place them in the container located in the library. Please return books in a reasonable length of time so others can enjoy them.

### Wellness reminder:

Did you know that there are brain teaser worksheet packets in the library?? They are located on the table next to the white binder.

If you want to keep your mind sharp and you like puzzles, head down to the library to pick one up!

There are new packets about every 2 weeks.



Brain  
Teasers

## Cheerful Chimers & Mixed Chorus Group will start rehearsals again on Tuesday, September 26

Cheerful Chimers 1:00-2:00 OTW

Mixed Chorus 2:30-3:30 OTW

Any Questions contact Laurie Halvorsen

@ 414-429-2350





# July Highlights

Entertainment (OWT or Ch. 957)



▶ **July 11 at 6:30 PM:**

Carolyn Wehner (OWT)

▶ **July 13 at 6:30 PM:**

Caribbean Eclipse (Outside, weather permitting)

▶ **July 20 at 6:30 PM:**

Tabula Nova (OWT)

▶ **July 25 at 6:30 PM:**

John Linstedt, "The Polar Transit of the USS Nautilus" (OWT)



(Ch. 955)

July 2<sup>nd</sup> Born on Fourth of July

July 9<sup>th</sup> The Best of Me

July 16<sup>th</sup> The Last Letter for Your Lover

July 23<sup>rd</sup> That's Amor

July 30<sup>th</sup> A Wrinkle in Time

## Friday Night Movies

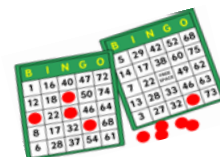
6:30 pm

Channel 955 on your TV

### July Movie Line Up

- 7<sup>th</sup> Journey to Royal
- 14<sup>th</sup> 12 Years a Slave
- 21<sup>st</sup> Emperor of the North
- 28<sup>th</sup> Women Talking

## Saturday Night BINGO



6:30pm in PDR

(July 1,8,22,29)

# Thursday, May 25: 11 AM in OWT MEMORIAL DAY SERVICE



## DECEASED VETERANS

R. Braun      R. Jack  
R. Butt      S. Olson  
H. Doss      H. Prokop  
K. Herman   G. Weinzatl



The **Wellness Department** is looking for volunteers who are willing and able to push wheelchairs to help with taking Windsor Manor, Windsor House, and Windsor Gardens residents outside for occasional walks. If you are interested, please call Dayle at 414-525-6598.



# Spiritual Services & Programs

Weekly Chapel Service Wednesdays at 3:00 pm (OWT or ch.957)

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Tuesday @ 2:15 pm– Chaplain’s Corner in Windsor House

Tuesday @ 3:00 pm– Chaplain’s Corner in Windsor Manor

Thursday @ 10:30 am–Chaplain’s Corner in Frances Henry Health Center

Thursday @ 11:00 am—Chaplain’s Corner in Windsor Garden



## **Catholic Mass – Weekly Services**

Every Wednesday at 1:00 pm (OWT or channel 957)

## **Heritage Presbyterian Church**

Sundays at 10:00 am (OWT or channel 957)

**Weekly visits with Bro. Long Nguyen – Wednesdays from 9am-12pm**

**Dementia Support Group** : Tuesday, July 18<sup>th</sup> 6:30pm (PDR)

**Grief Support Group** : Wednesday, July 26<sup>th</sup> 6:30pm (PDR)

Any questions about the support groups,  
please contact Pastor Michelle Peterson  
at 529-0100 x 2105

**Book Club Discussion,** 1<sup>st</sup> Wednesday of the month

July 5<sup>th</sup> at 1:00 pm, Private Dining Room

Contact Julia Kurlinski at 414-421-7633



## **ICE CREAM SOCIAL**

Come join the Lifestyles Staff for a Happy 4th of July Ice Cream Social. It will take place in the Olive Wood Theater on July 7th from 1:00PM-3:00PM.

# Tudor Oaks Storyteller's Group

Do you like to write stories? Do you like to tell stories? Join us every Thursday morning at 10:30am in the Private Dining Room to discuss various subjects.

## **STORYTELLERS SUGGESTED TOPICS**

### **JULY 2023**

**Week 120- July 6th-** Describe a time when you felt independent. Were you a child? Or was it later in your life?

**Week 121- July 13th-** Imagine that you come home to find all of your possessions stacked in the hallway outside your apartment, and the locks have been changed. You ring the doorbell and a stranger answers the door. What would you do next?

**Week 122-July 20th-** What lessons have you learned from a pet?

**Week 123-July 27th-** Have you ever received recognition or an award? Discuss why you received the recognition/award and how you felt after receiving it.



*Questions? Please contact  
Lisa Runte, in the Lifestyles Department.  
414-529-0100 x2853*

## ***SECOND SUNDAY OUT or "Simple Salad Sunday"***

**When:** July 9<sup>th</sup> from 5:00 pm to 7:30 pm

**Where:** The Lamson Plaza (OWT in case of rain)

**What:** Bring a salad to share  
with neighbors

Bring your own beverages  
& utensils

