



Kayla Schmitz- CAN

Olivia Fischer- CNA

Tia Waller- CNA

Lindsey Schmidt- CNA

Katelyn Heard- Culinary Services

Antony Santos- CNA

Mike Tapp- EVS Director

Katelyn Francis- Culinary Services

Louanne Roberts- Hospitality Services

Brooke Binder- CNA

## SEPTEMBER 15TH, 2023

**THE WALK TO END ALZHEIMER'S AT TUDOR OAKS!**

**RAISE \$100 IN DONATIONS BY AUGUST 15TH TO RECEIVE YOUR  
WALK T-SHIRT BY SEPTEMBER 15TH**

**JOIN US TO WALK A ONE-MILE ROUTE AROUND THE TUDOR OAKS  
CAMPUS TO RAISE FUNDS TO HELP END ALZHEIMER'S DISEASE.**

**REGISTER TO DONATE OR TO JOIN OUR TEAM AT:**

**[ACT.ALZ.ORG/WALK](https://act.alz.org/walk)**

**CONTACT LISA RUNTE X2853 WITH QUESTIONS**



# News and Notes



Acorn submissions are due by the 15th of each month to insure they are included in the following month's issue. PDF format emailed to [mhyde@abhomes.org](mailto:mhyde@abhomes.org) or [dnovak@abhomes.org](mailto:dnovak@abhomes.org) is preferred or you can put them in the tray on the file cabinet in the PLR.

## FOOD COMMITTEES

**Independent Living: Food Committee every third Thursday of month**

~sign up at the Hostess Station

~1:00 in Oak Ridge Dining Room

~Dining Experience Committee to meet immediately after

**Windsor Manor: Every second Thursday of month at 2:30pm**

**Windsor House: Every second Thursday of month at 3:30pm**



### Reminders for Library users:

Each Tudor Oaks Library book contains a checkout card located in the back of the book. Please fill out cards and place them in the container located in the library. Please return books in a reasonable length of time so others can enjoy them.

### Wellness reminder:

Did you know that there are brain teaser worksheet packets in the library?? They are located on the table next to the white binder.

If you want to keep your mind sharp and you like puzzles, head down to the library to pick one up!

There are new packets about every 2 weeks.



### Cheerful Chimers & Mixed Chorus Group will start rehearsals again on Tuesday, September 26

Cheerful Chimers 1:00-2:00 OWT

Mixed Chorus 2:30-3:30 OWT

Any Questions contact Laurie Halvorsen

@ 414-429-2350



## Second Sunday Out Corn Roast and Pot Luck

September 10, 2023 4:30pm  
Lamson Plaza (in case of rain-OWT)



Corn, dessert, plates and napkins will be provided. You may bring meat to grill and your choice of a dish to pass, beverage, and utensils.

Thank you for signing up and for your payment of \$5.00 to cover costs.

Hosted by Aspen 1 & 2. Any questions, call Nancy Berken @ 414-377-8357

## Wellness News and Updates



Join the Wellness team for **Front Yard Games**, taking place on **Friday, September 15!** Whether its Bocce ball, croquet, bean bag toss, or showing off your golf skills with chipping and putting competitions, there's something for everyone. **Sign up on the Wellness table in the front hallway by September 6!**

**Chair Yoga** will return on **Tuesdays at 3:00PM starting on Tuesday, September 12.**



Have you tried **Tai Chi** yet?

EVERYONE is welcome, no matter if you like to sit or stand, if you're a seasoned veteran or if you're brand new to Tai Chi. Classes take place from **11:00-11:30 in the MPR on Wednesday mornings.** Come check it out!



The **Wellness Department** is looking for volunteers who are willing and able to push wheelchairs to help with taking Windsor Manor, Windsor House, and Windsor Gardens residents outside for occasional walks. If you are interested, please call Dayle at 414-525-6598.



# September Highlights

Entertainment (OWT or Ch. 957)



**Tuesday, September 5** Jeff Engel,  
Nature Photographer and Presenter  
(6:30PM)

**Tuesday, September 12** StanDard  
Jazz (6:30PM)

**Tuesday, September 19** Floor It  
Duo (singing group) (6:30PM)

**Thursday, September 21** Wehr  
Nature Center: *Monarch Migration*  
presentation (6:30PM)

**Thursday, September 28**  
Waukesha Historical Society and Mu-  
seum, "Discovering Waukesha"  
presentation (2:00PM)



(Ch. 955 @ 1:30pm)

Sept 3<sup>rd</sup> – The Redeem Team

September 10<sup>th</sup> - Stronger

September 17<sup>th</sup> - Happiness for  
Beginners

September 24<sup>h</sup> - The Outlaws

## Friday Night Movies

6:30 pm

Channel 955 on your TV

### September Movie Line Up

- 1<sup>th</sup> - Moneyball
- 8<sup>th</sup> - Passengers
- 15<sup>th</sup> - Are you There God?  
It's Me Margaret
- 22<sup>nd</sup> - Dungeons & Dragons
- 29<sup>th</sup> - A Dogs Way Home

## Saturday Night BINGO



6:30pm in PDR

(September 2, 9, 23 and 30)

# Spiritual Services & Programs

Weekly Chapel Service Wednesdays at 3:00 pm (OWT or ch.957)

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Tuesday @ 2:15 pm– Chaplain’s Corner in Windsor House

Tuesday @ 3:00 pm– Chaplain’s Corner in Windsor Manor

Thursday @ 10:30 am–Chaplain’s Corner in Frances Henry Health Center

Thursday @ 11:00 am—Chaplain’s Corner in Windsor Garden



## Catholic Mass – Weekly Services

Every Wednesday at 1:00 pm (OWT or channel 957)

## Heritage Presbyterian Church

Sundays at 10:00 am (OWT or channel 957)

**Dementia Support Group** : Tuesday, September 19

**Grief Support Group** : Wednesday, September 27

Any questions about the support groups,  
please contact Pastor Michelle Peterson  
at 529-0100 x 2105

**Book Club Discussion**, 1<sup>st</sup> Wednesday of the month

September 6 at 1:00 pm, Private Dining Room

Contact Julia Kurlinski at 414-421-7633



## Moses, Jesus and an Old Man Go Golfing



One day, Moses, Jesus and an old man are golfing. Moses steps up to the tee and hits the ball. It goes sailing over the fairway and lands in the water trap. Moses parts the water and chips the ball onto the green.

Jesus steps up to the tee and hits the ball. It goes sailing over the fairway and lands in the water trap. Jesus just walks on the water and chips the ball onto the green.

The old man steps up to the tee and hits the ball. It goes sailing over the fairway and heads for the water trap. But just before it falls into the water, a fish jumps up and grabs the ball in its mouth. As the fish is falling back down to the water, an eagle swoops down and grabs the fish in its claws. The eagle flies off, and when it over the green a lightning bolt shoots from the sky and hits the eagle. Startled, the eagle drops the fish. When the fish hits the ground, the ball pops out of its mouth and rolls into the hole for a hole-in-one.

Moses turned to Jesus and said, “I really don’t like playing golf with your Father.”



# Tudor Oaks Storyteller's Group

Do you like to write stories? Do you like to tell stories? Join us every Thursday morning at 10:30am in the Private Dining Room to discuss various subjects.

## **STORYTELLERS SUGGESTED TOPICS**

**SEPTEMBER 2023**

**Week 129- September 7th-** Describe your funniest school memory.

**Week 130- September 14th-** Imagine that you won the billion-dollar lottery. How would you spend all that money? *Would* you spend all that money?

**Week 131- September 21st-** Share a story of meeting someone who did not make a good first impression, but later became your friend.

**Week 132 -September 28th-** Describe your most memorable fishing/hunting/outdoor story. Were you a child or an adult?



*Questions? Please contact  
Lisa Runte, in the Lifestyles Department.  
414-529-0100 x2853*

## **What's New!!**

### **From the Tudor Oaks Employee Gifts & Grants Committee (EGG)**

We continue to be "active" this summer having met on Monday, August 14 to finalize documents regarding:

1. The applicant procedure
2. EGG involvement in class selection and payment
3. Evaluation of the above by applicant

Donations are needed to continue this work. Please make checks payable to: "Tudor Oaks EGG Fund".

The Tudor Oaks staff thanks you for thinking of them !!

Julia Kurlinski 414-421-7633 EGG Committee Chair