

News and Notes



Acorn submissions are due by the 15th of each month to insure they are included in the following month's issue. PDF format emailed to dno-vak@abhomes.org is preferred or you can put them in the tray on the file cabinet in the PLR.

FOOD COMMITTEES

Independent Living: Food Committee every third Thursday of month
~sign up at the Hostess Station
~1:00 in Oak Ridge Dining Room
~Dining Experience Committee to meet immediately after
Windsor Manor: Every second Thursday of month at 2:30pm
Windsor House: Every second Thursday of month at 3:30pm



Line Dancing Returns! Mondays at 10:30 am in MPR starting November 6 through December 4.



Starting in November and through December, Dayle will be teaching water aerobics on Friday mornings. Aqua Zumba will only be on Wednesdays, Water Aerobics on Mondays & Fridays.



Cardio Drumming Christmas Performance Thursday, December 21 at 3:00pm in OWT.



Trivia Competition Friday, December 15 at 3:00pm in the OWT. Sign up outside of the Wellness Office. Teams of 4 to 5 residents.

WELLNESS



We are sorry to inform you that the Open House Showcase scheduled for December 10, 2023 has been cancelled due to lack of participants. Please share your joy of the Christmas holiday season with your Tudor Oaks neighbors in your own manner.



Thank you for your support this year,
Pat Bardonner and Nan Rupp

Therapy Department Announcement: Free balance assessments with our new ... *VSTBalance*, an automated fall-risk assessment tool that utilizes Artificial Intelligence with machine vision to objectively identify deficits in balance, gait and function. **Come check it out on Thursday, December 14 from 2:00-3:00pm in the Olive Wood Theater.**



The Women's Club enjoyed making some holiday crafts with Theresa on November 11. The Women's Club gets together every second and fourth Saturday at 10:15AM. Come join them and see what they're up to next!





December Highlights

Entertainment (OWT or Ch. 957)



Monday, December 4 at 6:45 Little Lake
Stompers

Wednesday, December 6 at 6:30 Tim Crain ,
"JFK: An Unfinished Life" (Part 4)

Thursday, December 7 at 6:30 Sherwood
Alper, Singer

Monday, December 11 at 1:30 Women of
Note, Holiday Program

Tuesday, December 12 at 7:00 Tudor Oaks
Chimers and Mixed Choir Christmas
Program

Wednesday, December 13 at 6:30 Tim Crain,
"JFK : An Unfinished Life" (Part 5)

Wednesday, December 20 at 6:30 Tim Crain,
"JFK : An Unfinished Life" (Part 6)

Friday, December 22 at 3:00 Gregory Hart-
mann, Pianist



December 3rd —Dolly Parton's:
Christmas Square

December 10th — I'll Be Home For
Christmas

December 17th — It's A Wonderful Life

December 24th — White Christmas

December 31st — Charade

Friday Night Movies

6:30 pm

Channel 955 on your TV

December Movie Line Up

- 1- Asteroid City
- 8- Pleasantville
- 15- Being There
- 22- Remember the Night
- 29- Till the Clouds Roll By

Saturday Night BINGO



6:30pm in PDR

(December 2, 9, 23, and 30)



WHAT ARE YOU DOING DECEMBER 31?

Plans are underway for a festive New Year's Eve celebration at Tudor Oaks. Chef John is planning a delightful surf and turf menu for the evening meal. Entertainment will follow in the Olive Wood Theater to help welcome 2024.

It will be very important to make your reservation for the meal in December since Chef John will need to order special food for the event. All tables in the dining room will be set for six residents eating together so you may want to get a group together to reserve a table. The cost of the evening is \$5.00 for each resident that will be collected when you make your reservation. Please register for dinner even if there is not a whole table as Brenda or Stephen will help make up tables as they usually do.

The reservation dates are **December 14,15,16, and 17 in the dining room lounge area from 4:00-5:30.**

There will be the following meal choices that evening for those who want to attend and for those who do not wish to attend the festivities:

1. \$5.00 for surf and turf meal eaten in the dining room that evening
2. \$5.00 for surf and turf meal to be picked up/carried out at 4:00PM on Dec. 31
3. No charge pick up/carry out of a grab and go meal at 4:00PM on Dec. 31

WAIT THAT'S NOT ALL!

New Year's Day Party begins at 9:30AM on January 1 in the Olive Wood Theater where donuts, sweet rolls, coffee and juice will be available. Ron Anderson and Bob Frey will present "Happenings at Tudor Oaks 2023". No reservations are needed.



Mary Liverman & Judy Fons, Co-Chairmen

Tudor Oaks Storyteller's Group

Do you like to write stories? Do you like to tell stories? Join us every Thursday morning at 10:30am in the Private Dining Room to discuss various subjects.

STORYTELLERS SUGGESTED TOPICS

DECEMBER 2023

Week 141- December 7th- If you had an extra hour in every day, how would you spend it?

Week 142- December 14th- What was your favorite thing about your hometown?

Week 143- December 21st- What is the best Christmas/Holiday present that you have ever received?

Week 144- December 28th- Discuss a personal goal that you want to accomplish in 2024.



*Questions? Please contact
Lisa Runte, in the Lifestyles Department.*

414-529-0100 x2853



Recycling Information

Muskego Public Library has a Holiday Lights Recycling Drive

Wondering what to do with your old or broken strands of holiday lights? Drop them off in the big tub in the library lobby between November 13 – January 19.

Library address: S73W16663 Janesville Rd

Phone: 262-971-2100 Email: Reference@cityofmuskego.org

Website: www.cityofmuskego.org/library



Spiritual Services & Programs

Weekly Chapel Service Wednesdays at 3:00 pm (OWT or ch.957)

Tuesday @ 2:15 pm– Chaplain’s Corner in Windsor House

Tuesday @ 3:00 pm– Chaplain’s Corner in Windsor Manor

Thursday @ 10:30 am–Chaplain’s Corner in Frances Henry Health Center

Thursday @ 11:00 am—Chaplain’s Corner in Windsor Garden



Catholic Mass – Weekly Services

Every Wednesday at 1:00 pm (OWT or channel 957)

Heritage Presbyterian Church

Sundays at 10:00 am (OWT or channel 957)

Dementia Support Group : Tuesday, December 19 at 6:30PM

Grief Support Group : Wednesday, December 27 at 6:30PM

Any questions about the support groups,
please contact Pastor Michelle Peterson
at 529-0100 x 2105

Book Club Discussion, 1st Wednesday of the month
December 6 at 1:00 pm, Private Dining Room
Contact Julia Kurlinski at 414-421-7633



Thank you Tudor Oaks residents and staff! As a community we raised **\$15,001.31 for the Walk to End Alzheimer’s—AMAZING!** On November 15 staff members, Lisa Runte and Theresa Tanner, accepted the award for the “Most Funds Raised by a Senior Team” at the Walk to End Alzheimer’s Award Ceremony. Thank you again to all who contributed.





Celebrating our Tudor Oaks Veterans!



December Schedule

Sunday, Dec. 3 vs Chiefs at 7:20 PM

Monday, Dec. 11 @ Giants at 7:15PM

Sunday, Dec. 17 vs Buccaneers at 12 Noon

Sunday, Dec. 24 @ Panthers at 12 Noon

Sunday, Dec. 31 @ Vikings at 7:20



December Schedule

Saturday, Dec 2
Big Ten Championship
Game at 7:00PM
Indianapolis, In

