News and Notes



Acorn submissions are due by the 15th of each month to insure they are included in the following month's issue. PDF format emailed to Irunte@abhomes.org is preferred or you can put them in the tray on the file cabinet in the PLR.

FOOD COMMITTEES

Independent Living: Food Committee every third Thursday of month ~sign up at the Hostess Station ~1:00 in Oak Ridge Dining Room ~Dining Experience Committee to meet immediately after Windsor Manor: Every second Thursday of month at 1:30pm

Windsor House: Every second Thursday of month at 2:30pm



Therapy Department Announcement:

Free balance assessments with our new ...

VSTBalance, an automated fall-risk assessment tool that utilizes Artificial Intelligence with machine vision to objectively identify deficits in balance, gait and function.

Come check it out on **Thursday**, **February 15th**,

from 2:00-3:00pm in the Olive Wood Theater.

Report from the Employee Gifts and Grants (EGG) Committee:

We met on January 15th in the Birch 1 Lounge.

We have several applications for grants that will be discussed at our next meeting. We are very excited to help our staff pursue job improvement. Thank you to all who have donated to this endeavor. The donation box is back in the dining room waiting room!



February Highlights

Entertainment (OWT or Ch. 957)



Thursday February 8th-6:30pm in the
OWT Jessica Michna Presents:
"Women Who Dared" Lecture
Sunday, February 11th—Soup...Er Bowl
Sunday Party, OWT, time TBD
Tuesday, February 13th—at 6:30 pm in
the OWT, "Fat Tuesday"
StanDard Jazz Concert
Thursday, February 29th, 6:30 pm in
the OWT, Essentially Brass
Concert



Saturday Night BING0

6:30pm in PDR
(February 3, 10, and 24th)
Game Night is
February 17th

Friday Night Movies

<u>6:30 pm</u> Channel 955

2nd- Coming to America 9th- Nights in Rodanthe 16th- Julie 23rd- Don't Worry Darling



1:30 pm Channel 955

4th—The Notebook

11th – His Girl Friday

18th- American Symphony

25th- Kiss the Ground



Tudor Oaks Storyteller's Group

Do you love to tell stories? Do you love to laugh?

Please join us every <u>Thursday morning at 10:30am</u> in the <u>Private Dining Room</u> for the Storytellers' Group!

SUGGESTED TOPICS

FEBRUARY 2024

Week 153 – February 1st – Discuss a situation where you experienced déjà vu. Has it ever happened to you more than once?

<u>Week 154– February 8th</u>– Discuss how you met/discovered your greatest love. Was it a person, or something else?

Week 155-February 15th- Which person here at Tudor Oaks do you wish that you knew better?

Week 156- February 22- Join us for Storytellers' Group!

Come experience the fun and comraderie of the Storytellers group!

Donuts and coffee will be served!

<u>Week 157– February 29th</u> –Which three people (dead or alive) would you invite to your dinner party? Explain your choices.

Contact
Lisa Runte at X2853 with questions.
414-529-0100 x2853



MARK YOUR CALENDARS FOR FEBRUARY 11TH!

Tudor Oaks
SOUP...ER BOWL
SUNDAY PARTY!

In the Olive Wood Theatre
Come watch the **BIG** Game with
friends and enjoy:

*Your choice of three different soups

*Super Bowl Squares Betting Game (winners announced quarterly) 50/50 drawing at half-time

Complete Event flyer will be delivered January 26th



TUESDAY, FEBRUARY 13TH IS
FAT TUESDAY AND PACZKI
DAY!

COME TO THE PRIVATE
DINING ROOM

To buy your Paczki!

Stay tuned for more info!



DO YOU LIKE TO ACT?

TUDOR OAKS PLAYERS ARE BACK!

FIRST MEETING IS TUESDAY,

FEBRUARY 6TH AT 3-4 PM IN THE PDR

ALL ARE WELCOME-JOIN THE FUND



Spiritual Services & Programs

Weekly Chapel Service Wednesdays at 3:00 pm (OWT or ch.957)

Tuesday @ 2:15 pm- Chaplain's Corner in Windsor House

Tuesday @ 3:00 pm- Chaplain's Corner in Windsor Manor

Thursday @ 10:30 am-Chaplain's Corner in Frances Henry

Health Center



Thursday @ 11:00 am—Chaplain's Corner in Windsor Gardens

Catholic Mass – Weekly Services

Every Wednesday at 1:00 pm (OWT or channel 957)

Heritage Presbyterian Church

Sundays at 10:00 am (OWT or channel 957)

<u>Dementia Support Group</u>: Tuesday, February 20th at 6:30PM, PDR

<u>Grief Support Group</u>: Wednesday, February 29th at 6:30PM, PDR

Questions about the support groups?

Please contact Pastor Michelle Peterson

at 529-0100 x 2105



Christmas Program, December 22nd, 2023